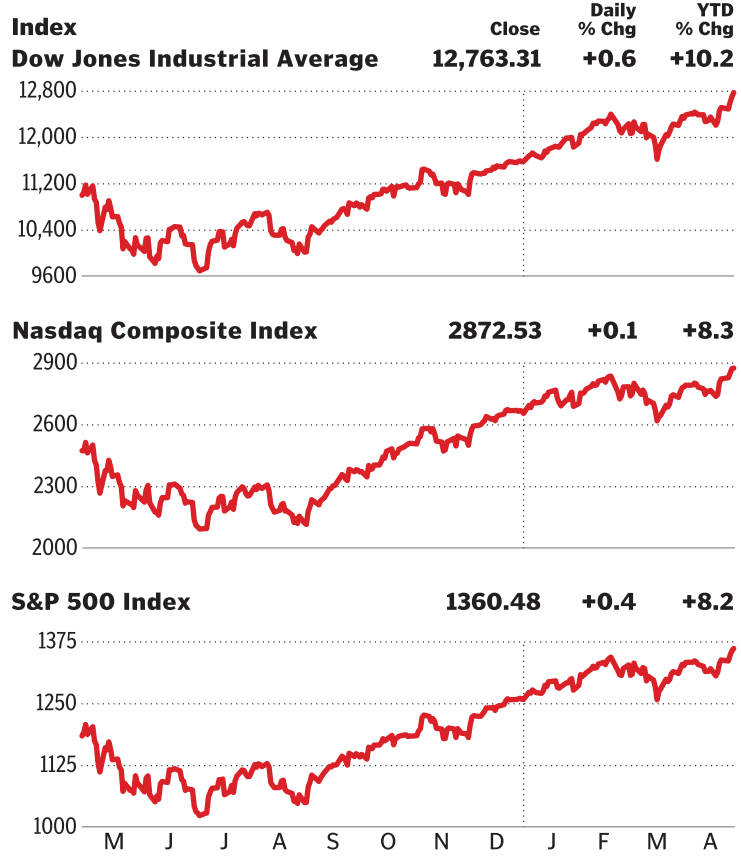


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Daily Stock Market Performance



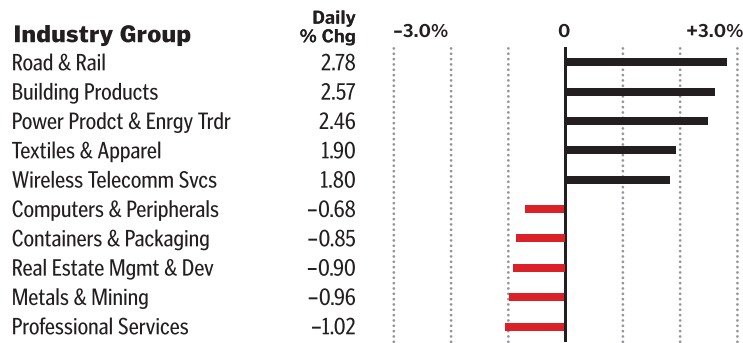
Dow Jones 30 Industrials

Company	Close	Daily % Chg	YTD % Chg	Company	Close	Daily % Chg	YTD % Chg
3M	97.23	0.8	12.7	IBM	170.78	0.2	16.4
Alcoa	17.09	-0.5	11.0	Intel	22.80	0.8	8.4
AmExp	48.52	1.9	13.0	J&J	65.38	-0.3	5.7
AT&T	31.37	-0.2	6.8	JPMorgCh	45.85	0.8	8.1
BoA	12.42	0.7	-6.9	Kraft Foods	33.60	0.1	6.6
Boeing	78.55	3.2	20.4	McDonald's	78.03	0.2	1.7
Caterpillar	112.64	0.0	20.3	Merck	35.77	0.4	-0.7
Chevron	108.81	-0.1	19.2	Microsoft	26.71	1.3	-4.3
Cisco Systems	17.29	0.6	-14.5	P&G Co	64.50	0.7	0.3
Coca-Cola	67.41	0.6	2.5	Pfizer	20.83	1.0	19.0
DuPont	56.75	2.0	13.8	Travelers	63.06	1.3	13.2
Exxon Mobil	87.34	-0.5	19.4	United Tech	89.01	1.3	13.1
GE	20.60	-0.2	12.6	Verizon	38.27	0.1	7.0
Home Depot	37.47	0.4	6.9	Wal-Mart	54.69	0.5	1.4
HP	40.53	-1.2	-3.7	Walt Disney	43.02	1.0	14.7

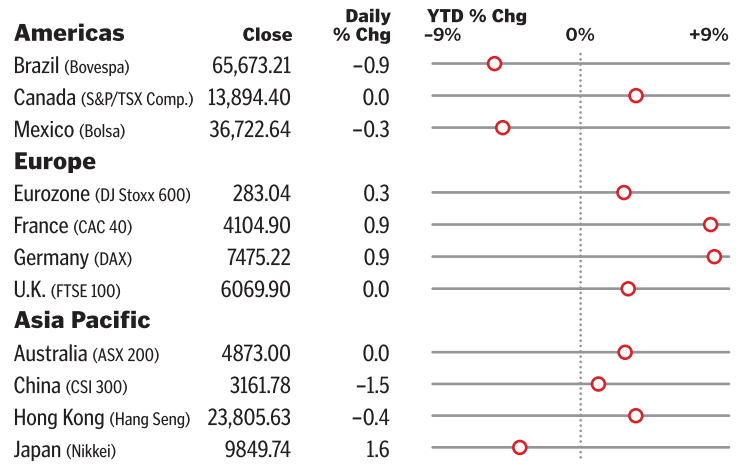
Other Measures

Index	Close	Daily % Chg	YTD % Chg
DJ Total Stock Market Index	14,394.60	0.3	8.3
Russell 2000	861.55	0.4	9.9
Post-Bloomberg DC Area Index	235.49	0.2	9.2
CBOE Volatility (VIX)	14.62	-4.8	-17.6

S&P 500 Industry Group Snapshot



International Stock Markets



Cross Currency Rates

	US \$	EU €	Japan ¥	Britain £	Brazil R\$	Canada \$	Mexico \$
US \$ per		1.4822	0.0123	1.6637	0.6343	1.0518	0.0865
EU € per	0.6746		0.0083	1.1225	0.4279	0.7096	0.0584
Japan ¥ per	81.5100	120.8000		135.5990	51.6901	85.7170	7.0510
Britain £ per	0.6011	0.8908	0.0074		0.3812	0.6321	0.0520
Brazil R\$ per	1.5768	2.3371	0.0194	2.6238		1.6588	0.1364
Canada \$ per	0.9507	1.4092	0.0117	1.5819	0.6029		0.0823
Mexico \$ per	11.5583	17.1312	0.1420	19.2286	7.3300	12.1574	

Interest Rates

Consumer Rates		3.25%	4.76%
Money market funds	0.65	Bank Prime	30-Year fixed mortgage
6-Month CDs	0.71	0.25%	3.97%
1-Year CDs	0.97	Federal Funds	15-Year fixed mortgage
5-Year CDs	2.09		
New car loan	4.11	0.27%	2.93%
Home-equity loan	6.84	LIBOR 3-Month	1-Year ARM



You Will Be Remembered—
Shri Mataji Nirmala Devi

The most dynamic power in this world is love...
—Shri Mataji

H.H. Shri Mataji Nirmala Devi, founder of the worldwide meditation movement called Sahaja Yoga, passed away peacefully on 23rd February 2011 in Genoa, Italy, aged 87. Shri Mataji's life was unique. Whether walking barefoot with Gandhi or conversing with the Queen of England, Shri Mataji addressed apparent extremes with effortless grace, dignity and loving attention.

Shri Mataji's extraordinary journey left a remarkable path.

Born of a royal dynasty, she conferred with Mahatma Gandhi as a child, living for a time in his ashram. She demonstrated poise and practicality in both the mundane and the sublime planes—as a medical student, a freedom fighter advocating a politically liberated India, a homemaker, an adored mother, grandmother, great grandmother and the wife of a distinguished diplomat, Sir C.P. Srivastava. But incredibly, after an already exemplary life, with her family duties completed, she then embarked on an even more extraordinary mission.

Shri Mataji was born to Christian parents in India. Spiritually enlightened, she knew from early on that her unique spiritual gift must be made available to everyone. And so, in 1970, she founded Sahaja Yoga, a unique process of Self Realization through which the peace and clarity of true meditation could be accessible to the masses. Perhaps her greatest achievement was to enable everyday people to pass on the same transformative experience that they received, as one enlightened candle to another. She charged no money for this experience and insisted that genuine spiritual enlightenment is the birthright of every human being and should be freely available to all. She said, “True and lasting solutions to correct ills can be found only by inner, collective transformation.”

For the next 40 years, she continuously travelled the globe, teaching meditation leading to inner peace; millions came to know her as an acclaimed public speaker, gentle guide, philanthropist and recipient of numerous awards and commendations worldwide. From her nomination for the Nobel Peace prize to recognition she received from organizations such as the U.N.; dignitaries worldwide credited Shri Mataji as a source of genuine hope for humanity.

Having first started her work in America in 1972, Shri Mataji has garnered praise from prominent city mayors, and state governors in proclamations. Michael Bloomberg, Mayor of New York, wrote on the occasion of her birthday in 2010, “On behalf of the residents of New York City—many of whom enjoy more peaceful and balanced lives as a result of

your lifelong work—I wish you good health and great happiness.” Christopher J. Dodd, a Connecticut Senator, also wrote to Shri Mataji in 2010, stating, “While your own contributions to the field of health through meditation have changed the lives of millions, your life-long selflessness has touched the hearts of so many more.” As an expression of gratitude, the mayors of several major cities have proclaimed special days in her honor. In 2008, Mayor Bill White of Houston proclaimed her birthday, March 21, as Shri Mataji Nirmala Devi Day.

Along with her vision of peace, Shri Mataji's creativity to empower the multitudes was prolific and resulted in many initiatives, including a holistic health and research centre near Mumbai, an international cancer research centre, a charity house for destitute women and children in Delhi, and an international Music Academy in Vaitarna to promote classical music and arts.

Every era has had a special need, a special thirst, and a special message. This era is clearly one of integration in society, between man and woman, between nations and cultures. Through her life, work and teaching, Shri Mataji established a living integration of the great religious traditions of the world, thereby laying a firm and lasting foundation for cross-cultural unity, universal love and peace. Claes Nobel, Chairman of United Earth and grandnephew of Alfred Nobel, described Her as an “avatar of the modern era,” and Ayatollah Rouhani acknowledged her as “the messenger of peace.” In the hearts of her followers and family, she will ever remain: the comforter, counselor, and redeemer—their most compassionate mother.

Shri Mataji opened hearts with her wisdom, her infectious laughter and her wonderful sense of humor. Throughout her life, she was known for her eloquence, pragmatism, compassion, and love. She will live on within the mind and spirit of all those who have had the good fortune of knowing her and in the countless others whose lives have been touched by her boundless generosity. It is because of her wisdom and graciousness that many regard her as the most significant spiritual figure of our time.

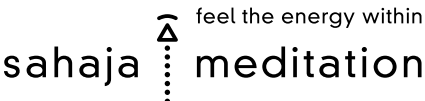
There can be
no peace in the
world until there
is peace within...
—Shri Mataji

Selected
Awards and
Achievements

- 1986:** Declared Personality of the Year by the Italian Government.
- 1989:** Awarded the UN Peace Medal.
- 1989-1994:** Invited by the U.N. Sahaja organization, New York, for four consecutive years to speak on ways to achieve world peace.
- 1989:** Government sponsorship of Sahaja Yoga research, Moscow.
- 1993:** Invited to inaugurate the now annual International Conference on Medicine and Self-Knowledge, St. Petersburg.
- 1993:** Honorary member of Presidium, Petrovskaya Academy of Arts & Science, St. Petersburg. Including Einstein, only 12 others have received this honor.
- 1994:** Mayor of Brazil's capital presented keys to the city and official sponsorship of Sahaja programs.
- 1995:** Nobel Peace Prize nominee.
- 1995:** Awarded PhD in Cognitive Science, Romania.
- 1995:** Official guest and keynote speaker, Beijing International Women's Conference, China.
- 1996:** Established hospital and research centre, Mumbai, India.
- 1997:** Established non-profit for destitute women, Noida, India.
- 1998:** Established orphanage, New Delhi, India.
- 1998:** Recipient of the Unity award for international understanding by Unity International Foundation.
- 105th Congress, 1997 and 106th Congress, 2000:** Honorarium read into Congressional Record commending Shri Mataji for her work.

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Sahaja Meditation is a non profit organization, which provides free meditation classes and holistic solutions to communities across America, inspired by the teachings of Shri Mataji. More information? Visit www.sahajameditation.com or call 888.9.SAHAJA.

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